

2.2.7 Session plan: Letter writing

Writing to a deployed parent – a session plan for military service children support

This resource has been designed by the University of Winchester based on feedback from children from military families; a need for supported letter writing when parents are deployed came up repeatedly during consultation with 150 children from military families at outreach events in 2014-15.

Aims:

- 1) To encourage military service children to write a letter or bluey to their deployed parent
- 2) For young people to explore the impact of keeping in touch
- 3) To provide a template and skills to give children the confidence to write
- 4) To enable students to have the space to write with support

Objectives:

- 1) Consider why and how to write a letter
- 2) Write a letter with support

Time: 30mins

You will need: Worksheet 2.2.8

Time	Facilitator Activity	Learner Activity	Extension
5 mins	Introduce the session ahead. Group discussion of how they keep in contact with people and what is practical in terms of contact with their deployed parent.	<ul style="list-style-type: none"> • Listen and respond to teacher • Understand what they are expected to do during the session 	Think about why they want to write
5 mins	Introduce the worksheet and run through the questions briefly, eliciting initial thoughts.	<ul style="list-style-type: none"> • Think about their ideas and opinions • Articulate opinions 	Justify personal opinions
10 mins	Time for individual reflection on questions	<ul style="list-style-type: none"> • Make notes on worksheet 	
20 mins	Explain letter structure Time for individual writing	<ul style="list-style-type: none"> • Write the letter 	Decorate letter