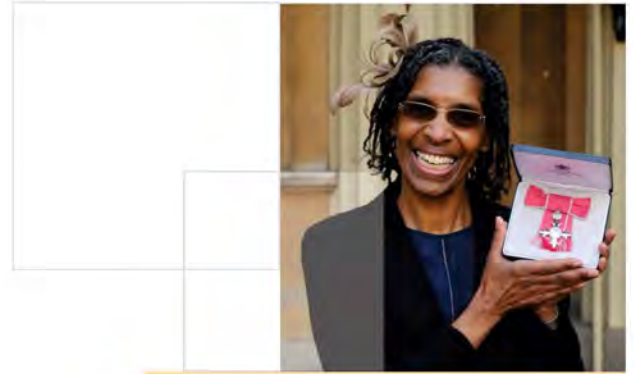


# DR MELROSE STEWART



Melrose Stewart is a lecturer in the School of Sports, Exercise and Rehabilitation Sciences at the University of Birmingham. She has presented talks for TEDx and is also a Chartered Physiotherapist. In 2017 she worked as an expert on Channl 4 programme *Old People's Home for Four Year Olds*. This involved the opening of a nursery in a retirement village for participants aged between three and 102, to see what they could gain from each other - with the aim of tackling isolation and inclusion. She followed this with a TEDx talk on *Connecting Generations for Healthy Ageing*.

In 2017 she also received a Distinguished Service Award from the Chartered Society of Physiotherapy for her services in the area of equality and diversity. She currently lectures at the University of Birmingham, her PhD focused on the topic of cultural competence in undergraduate physiotherapy education. She lectures on the topic at undergraduate and postgraduate levels and has a keen interest in the development of the subject within physiotherapy education and professional practice.

academic

physiotherapist

equality

healthy  
ageing

**NOMINATED BY: KIERON PARKINSON**

"Physiotherapy is and has been a white-dominated profession. Melrose has shown that your race or ethnicity does not have to be a barrier to progress and be highly successful within Physiotherapy."